

# **NORTH LONDON DENTAL**

## **Pre- Sedation Instructions**

### **Oral Sedation**

1. **DO NOT EAT** for eight (8) hours prior to your appointment. You may consume clear fluids up to three hours prior to your appointment.
2. **You must be accompanied by a responsible adult who will escort you home** and care for you after your procedure. You must not be left alone for the remainder of the day.
3. **Do not drink alcohol** for 24 hours prior to your appointment or while taking any prescribed pain medication.
4. **Avoid smoking** before your dental procedure.
5. **Do not wear fingernail polish, or have at least one nail free of acrylics.**
6. **Please wear loose fitting clothing** with short sleeves.
7. **REMOVE CONTACT LENSES** before your appointment.
8. **You should take all of your usual prescription medications on the day of your surgery** with a sip of water unless directed otherwise.
9. **Bring an updated list of medications** including puffers, creams and eye drops.
10. **Notify your dentist** if your health changes prior to you surgery (i.e. cold, sore throat, stomach or bowel upset)
11. **PLEASE NOTE - A deposit of \$100 is required for all appointments requiring sedation. It is NON-REFUNDABLE for less than 24hr cancellation or missed appointments.**